



- 5 mins

Allergens



Utensils



spoon



sharp knife



weighing scales

You will need...



6 raspberries



4 strawberries



125ml semi skimmed milk



40g Granola



2 Tbsp low fat Greek yoghurt



handful of blueberries

1 Measure out 40g Granola into your favourite bowl



2 Pour 125ml milk over the Granola



Breakfast Recipe

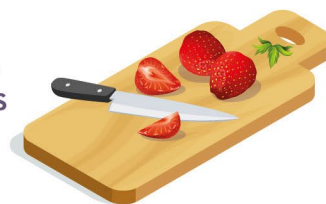
Granola with fruit and yoghurt

(Raw)

3 Spoon 2 Tbsp of low fat Greek yoghurt on top of the granola



4 Chop the 4 strawberries into quarters



5 Put strawberries, blueberries and raspberries on top of yoghurt



6 Enjoy your breakfast

